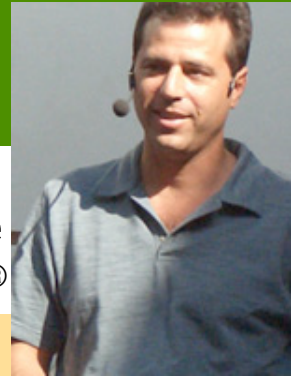


# Advanced Feldenkrais® Training in South Florida with Jeremy Kraus

West Palm Beach May 9, 10, 11, 2008



## The Difference that makes a Difference

Understanding, Sensing, and Feeling Levels of Control in Functional Integration®

*What kind of lesson would be most significant for someone at any given time, and why?*

*Why are some lessons so lasting and meaningful while others are nice and just bring more movement?*

*How is it possible to relate both to the cortical and emotional aspects of a person in any given lesson?*

**"A few days with Jeremy made both a practical and profound difference in my work. I felt I gained more comfort with myself and saw more options evolving and my skills improving."**

In this Advanced Training, Jeremy guides practitioners to explore and clarify both theoretically and experientially how to understand and sense the quality of our 'handling' needed to bring about profound changes in those we work with. Understanding and sensing these different qualities will enhance your abilities as a *Feldenkrais® Practitioner* to choose what to do at any given time in a lesson and how to proceed. We will use *Classical Functional Integration®* as our base to learn these skills.

Originally trained by Moshe, Jeremy is a trainer and translator of the Alexander Yanai Lessons. He has taught extensively throughout Europe and Israel, and is the current Educational Director of trainings in Italy, Germany, Japan, and the USA. Jeremy's teaching is extremely clear, thorough, and accessible.

**"He clarifies so much and provides strong support of the best kind -- with truthful ease in all he does."**

Shimmering Pines is situated on over seven lovely wooded acres in beautiful Jupiter Farms, Florida. Walking trails and gazebos offer pristine settings for meditation and relaxation.



**Cost:** \$360 / \$325 if you register by February 15, 2008 with a non-refundable \$125 deposit. Balance is due April 1st

**Times:** Friday 1-7pm / Saturday 10am-5pm / Sunday 10am-4:30pm

**Location:** Shimmering Pines, 17316 Jupiter Farms Road, Jupiter, Florida 33478

**Bring:** Lunch, towels, and a table if you'd like to work on one. Beverages and snacks will be available. Room is carpeted.

**Traveling:** Fly into West Palm or Ft Lauderdale. We will assist with housing.

**Call 800-245-5123/cell: 941-587-4535 to reserve your place and pay by credit card or make checks payable and mail to Bonnie Kissam, 5317 Fruitville Road, Sarasota, FL 34232.**

**1.800.245.5123 for more information**

**Meeting/Lunch on Saturday 12:30-2:30pm**

**"Jeremy teaches in a clear manner and answers questions in a respectful way that is very refreshing and nourishing"**

The Feldenkrais Method®, Feldenkrais®, Awareness Through Movement®, and Functional Integration® are service marks of the Feldenkrais Guild of North America.